



Mental Health Recovery seminar (half day) 28 September (pm) Sitra HQ

Programme

- 1.00 pm** Arrivals
- 1:15pm** Welcome and introductions
- 1:30pm** National Survivor User Network (NSUN) :
Recovery: origins in mental health services
- 1:45pm** A personal story from a client
- 2:00pm** St Mungo's:
Recovery from homelessness
- 2:15 pm** Q & A session
- 2:30pm** Break
- 2:45pm:** Discussion themes:
- *What can the recovery approach offer housing related support services?*
 - *What does your organisation need to do if it wants to be recovery oriented?*
 - *How will it do what it needs to do?*
 - *Does your organisation need to 'recover'?*
- 3:30pm** Next steps:
- *For you?*
 - *For your organisation?*
 - *For Sitra and the sector?*
- 4:00pm** Close